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August 2025 Community Ward Newsletter

Introduction

Welcome to August's Cupar Ward Community Council Newsletter from your local officers, PC Lee Smith, PC Duncan Shand and Sgt Nicola Gillespie. The community team would like to wish everyone a Happy New Year.

Local News, Priorities and Useful Information

Road Safety



The community officers have been notified of some areas that are causing concern regarding speeding motorists. Officers have been out in these areas with the speed gun over the past month and dealt with motorists by way of corrective advice and speeding tickets. There has also been Pop up Bob deployments throughout the ward area.

New/young drivers

Information for new drivers about driving skills, speeding and collisions.

Young drivers are much more likely to be involved in collisions than older drivers. 17–25-year-olds make up 10% of licence holders, but over 20% of collisions. Young drivers have different kinds of collisions to older drivers. Young drivers are more likely to be involved in:

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- Single vehicle collisions.
- Crashes where they've lost control of the vehicle

This means young drivers will pay more for their car insurance.

Driving skills

Many driving skills are picked up after you learn to drive.

- Anticipating and spotting hazards comes with experience
- Not being able to anticipate hazards can cause road collisions. It means that you didn't stop in time
- Observation, concentration and anticipation are skills which you will develop over time.

Courses such as [Pass Plus for motorists](#) help with developing your skills as a driver.

Speeding

Speed is one of the most common causes of road collisions. You can still be under the speed limit and kill someone.

Remember, the police are always on the lookout for people speeding. Slow down before it's too late. If you are caught speeding, you will get fined and points on your licence.

People who have just passed their first driving test will be "on probation" for two years.

A total of six or more penalty points during that time will mean they have to go back to learner status.

They will have to apply for a new provisional licence and take the test again.

What to do if you're involved in a collision with a cyclist

The cyclist must stop and provide their name, address and the name and address of the vehicle owner.

The vehicle registration number will also need to be provided. This is required by Section 170 of the Road Traffic Act 1988.

If someone is injured, you should report the incident to the Police as soon as possible. You need to do this within 24 hours (call 101 or attend at your local station).

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When there is an injury or obstruction to the road that cannot be easily cleared you should call 999. You should request police/ambulance attendance.

This month's safety advice is regarding keeping your valuables safe.

How can I secure my valuables when out and about?

Tips for securing your valuables:

- Mark your valuable items, this makes it harder for thieves to sell them and easier for police to return them if found
- Make sure your possessions are in sight if you're in a bar or a restaurant, don't leave them unattended
- Do not display cash, expensive items or jewellery
- Ensure your belongings and keep your insurance details handy
- Record your mobile phone, laptop, tablet, camera and other property on the [Immobilise website](#)
- Install a tracker device on your phone, which can help you find it if it's stolen
- If you have an app that gives you the location of your phone when switched on, make sure it is working and give a family member or trusted friend permission to track your device.

What can I do to protect my mobile phone?

Tips for looking after your mobile phone:

- Keep it out of sight and don't attract attention to it when not in use
- Use the security lock
- Keep a record of the 15 digit IMEI number
- To find the IMEI number, dial *#06# on your mobile phone
- Record your mobile details on the [Immobilise website](#)
- Use a tracking app
- Give permission to a family member or trusted friend to track your phone
- If lost or stolen, contact the police and service provider immediately.

What should I think about when travelling with luggage?

Here are some tips for travelling with luggage and keeping it safe:

- Keep luggage in view and check on your bags regularly
- Ensure bags placed on the floor are in front of you, so any movement of the bag will be noticed

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- Don't leave valuable items unattended
- If you are going to sleep whilst travelling, put your valuable items away
- Consider the use of tracking devices for your luggage
- Bluetooth devices are available on the market as well as greater range trackers which use GPRS / mobile phone technology.

The Community team would like to remind everyone that they are offering Coffee with a Cop dates in the coming months. The open events are available to anyone and have been previously used by local community groups and local council areas. Coffee with a Cop is a very informal way of chatting to your local community officer and ask them questions regarding any concerns you may have or information you feel they need to know. Please contact the officers on the provided community email to ask about prospective dates to arrange one of these events.

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Coffee With A Cop

Your local Police Officers invites you to come and meet them
and have Coffee with a Cop.

This is a chance to speak with your local Police Officer
about absolutely anything that matters to YOU in your
local community.



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Useful numbers and sources of information

NHS 24: Call free on 111

Fife Women's Aid: 0808 802 5555

Universal Credit helpline: 0800 328 5644

Fife Council Out of hours helpline: 03451 55 00 99

Fife Housing Register Emergency Accommodation: 03451 55 00 33 (Mon-Fri 8am-6pm) or out of hours 0800 028 6231

Scottish Water: 0800 077 8778

SEPA Floodline: 0345 988 1188

SEPA Pollution: 0800 807060

Citizens Advice and Rights Fife: call 0345 1400 095 or visit www.cabfife.org.uk

Contact your local councillor: call 03451 555555 ext 442320 (24 hour surgery helpline) or visit www.fife.gov.uk

Cosy Kingdom: Telephone advice service for any energy billing or supplier issues. Also provide emergency top-ups for people who have run out of gas or electric and are struggling financially. Call 01592 807930 or email info@cosykingdom.org.uk.

Fife Gingerbread – Lone Parent Helpline: Support workers are available to give over the phone advice Monday to Thursday 9.00am—5.00pm and Friday 9.00am—3.30pm. Call 01592 725 210.

Age Scotland helpline: A free, confidential phone service for older people, their carers and families in Scotland. The team provide information, friendship and advice. Available Monday - Friday 9-5pm, call free on 0800 12 44 222.

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Free school meals: If your child is entitled to a free school meal then you should be registered to receive a payment of £11.50 per week. Apply through Fife Council here: www.fife.gov.uk/kb/docs/articles/education2/schools-in-fife/free-school-meals-and-school-clothing-grants

Young Scot: Young people can access lots of information and advice at: www.young.scot/campaigns/national/coronavirus

Support for mental health:

The NHS 24 Mental Health Hub is available 24 hours a day, 7 days a week, on 111.

You can call the Samaritans 24 hours a day, 7 days a week, on 116 123.

Breathing Space is available for advice and support on 0800 83 85 87 Monday to Thursday 6pm-2am and Friday 6pm to Monday 6am. You can also [visit the Breathing Space website](#).

The Relationship Helpline (0808 802 2088) is a free support line providing a safe and confidential space for anyone struggling with their relationship. The Helpline is open from 9.00am to 9.00pm, Monday to Thursday, and 9.00am to 4.00pm on Friday.

Calls received.

During August 2025, Police Scotland received:

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North East Fife Area – **1293** calls

Cupar Ward area **158**– incidents, with **54** crime reports recorded.

Ceres & Craigrothie

13 calls received by police, covering concerns for persons, dishonesty, and road traffic matters

6 crime reports recorded.

Kemback, Pitscottie & Blebo Craigs

5 calls to the police, covering road traffic matters, drugs and concern for persons.

0 crime reports recorded.

Dairsie

11 calls to the police, covering concern-for-person and road traffic matters

1 crime recorded:

Cupar

101 calls to the police, covering concern for person/missing person calls; road traffic matters/collisions; requests for assistance to members of the public; fraud, theft and vandalism reports and disturbances, weather related and animal concerns.

35 crimes recorded.

Cults & Pitlessie

3 calls to the police, regarding road traffic matters and concern for persons

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1 crimes recorded.

Springfield

25 calls to the police, covering road traffic matters; concern for person, requests for assistance/advice, disorder and crimes against persons.

9 crimes recorded.

CONTACT INFORMATION

Below is the local contact email address for your local community team.

This is not for reporting a crime but if you feel you require to contact your local community officer then our email address is the best way to do so.

If you do not have access to the internet, then you can call 101 and the call handler can send an email on your behalf.

Email us at: CuparCPT@Scotland.police.uk

Please Note, this email address is NOT for reporting a crime or ongoing incidents and due to our shift pattern, is not monitored 24/7.

Thank you!

PC Lee Smith P0588 and PC Duncan Shand P0248

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